



House hunting for the environmentally sensitive.

What am I dealing with?

Laid out end to end the cells of the nervous system would form an antenna 27 miles long. The system picks up signals from the environment that the body translates and responds to. The nervous system of an environmentally sensitive person has been beaten and bruised by too many badly timed signals. The signal mayhem affects their hormonal balance leaving them indecisive, inconsistent, volatile and very unsure about the big decision that looms.

There is no perfect house.

Typically the sensitized person yearns for a house that will relieve all their symptoms - immediately. That house doesn't exist - it takes as long to heal as it took to get sick and the best a house can offer is access to 'safe' spots. Safe spots are locations within the house where signal disturbances are minimal allowing the body to heal. Frequent reminders and reassurances of these 'safe' spots can help with the transition from the 'perfect' house to the 'better' house. Better houses in Calgary are likely to be in the North West - removed from the airport radar and flight paths of the North East and removed from the ley lines, sour gas and high water table of the South.

What should I be looking for ?

Mandatory External Conditions

- Cell phone transmitter - at least 150m from the house
- Airport Radar and Broadcasting transmitter - at least 300m from the house
- Substations and Power lines on pylons - at least 100m from the house
- Distribution lines and lawn transformers - at least 15m from one bedroom (Bedroom A)
- Quiet neighbourhood with a low traffic volume
- No airport flight paths or train tracks
- Shops, Dry cleaners, Launderette, Restaurants, Golf course - at least 100m from the house

Mandatory Internal Conditions for one bedroom (Bedroom A)

- No wiring under the floor.
- No electric panel within 5m.
- No noisy ventilation ducts.
- No appliances operated through the night within 5m. (Fridge, freezer, water softener, furnace fan) - electromagnetic fields travel through walls floors and ceilings so consider what's on the other side of adjoining walls, floors and ceilings.

Mandatory Internal Conditions for the whole house

- Minimal distance between the electric panel and laundry/furnace. (If the wires from the electric panel cross the house to get to the laundry room or furnace there will be fewer 'safe' spots.
- No mold
- No sump pump or other indications of a high water table.
- Aged furnishings and finishes - cabinets, adhesives, paint, carpets, etc - at least two years old.

The Final Word

- Once three houses have been shortlisted the sensitized person will need to see them. To increase the likelihood of a decision, and minimize the inevitable 'hit' to their system, it helps to:
 - Turn off any wireless security systems, cordless phones and wireless internet.
 - Remove any air fresheners and open the windows.
 - Turn off the fridge, fluorescent lights and fans.